

Workplace Safety Heartsaver: CPR/First Aid

This course is for anyone with limited or no medical training who needs a course completion card in first aid, CPR, and AED use to meet job, regulatory or other requirements. Heartsaver® First Aid CPR AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use.

Certified by the American Heart Association

Minimum group of at least 5

Student Requirements:

- Must have no physical restrictions; must be able to perform required skills
- Must dress appropriately for hands on training in multiple environments

***IMPORTANT**-You must keep your CPR Card for proof of certification. Certification is valid for two years.

We can arrange times and dates that work with your schedule.

**Contact Tina Duke
940-696-8752 ext. 3214
or ce@vernoncollege.edu**

Please note there are minimum and maximum class sizes. For additional information, please call or contact our Continuing Education office. Our email address is ce@vernoncollege.edu